Banff

- Up Next
  - 60 miles to Bolton Trading Post
  - 110 miles to Elkford, 6000 ft climbing
  - 140 miles to Sparwood, 7400 ft climbing

Bolton Trading Post

- Food
  - snacks and a restaurant
- Lodging
  - None
- Up Next
  - 50 miles to Elkford
  - 80 miles to Sparwood

Elkford

- Food
- Lodging
  - campground and motel
- Up Next
  - 30 miles to Sparwood (~2-5 miles out of town are paved. Last 12 into Sparwood are paved, first 21 out of Sparwood are paved)
  - 85 to Cabin
  - 113 to Wigwam campground
  - 144 to US border (last 4 are paved, last 12 are downhill after Galton, 35 of 144 are paved)
  - 153 to Eureka (border to Eureka is all paved, total of 45 paved miles between)

Sparwood

- Food
  - A&W (6AM to 10PM)
- Lodging
  - Mountain Shadows campground (606 Sparwood Dr)
  - Valley Motel and Restaurant
- Up Next
  - First 21 miles to Corbin are paved.
  - 55 to Cabin
  - 83 to Wigwam campground
  - 114 miles to US border (last 4 are paved, last 12 are downhill after Galton), 7500 climbing
  - 124 to Eureka (last 14 are paved - 4 to border and 10 from border to Eureka), 7600 climbing
Roosville

- Food
  - limited grocery
  - Restaurant
- Lodging
  - None
- Up Next
  - 10 to Eureka, all paved
  - 101 to Whitefish
  - 111 to Columbia Falls
  - 151 to Ferndale

Eureka

- Food
  - Subway
- Lodging
  - Camping in town at Riverside Park (check-in with town hall or police)
  - Silverado Motel
  - Ksanka Inn
- Notes
  - Whitefish Divide and Red Meadow Lake before Whitefish
  - Heavier grizzly activity in this area
- Up Next
  - First 30 miles out of town are on pavement
  - 91 to Whitefish (last 7 on pavement starting at Whitefish Lake), 6100 climbing
  - 101 to Columbia Falls (last 17 on pavement starting at Whitefish Lake), 6400 climbing
  - 133 to Ferndale, 7100 climbing

Whitefish

- Food
  - all services
- Lodging
  - all services
  - campgrounds and a state park (west of town)
- Up Next
  - First 16 out of town are paved
  - 10 to Columbia Falls (all paved)
  - 37 to Swan River
  - 41 to Ferndale
  - 109 to Holland Lake
  - 143 to Seeley Lake

Columbia Falls

- Food
  - all services
- Lodging
  - Super 8 Motel
• 9 miles S of town, Cyclist Only Lodging (Tom Arnone, 406-755-2768)

• Up Next
  • First 7 out of town are paved
  • 28 to Swan River (last 13 paved)
  • 32 to Ferndale (last 17 paved)
  • 99 to Holland Lake, 6600 climbing
  • 133 to Seeley Lake, 10000 climbing
  • 159 to Ovando, 11500 climbing

Swan River

• Food
  • Restaurant
  • Service station
• Lodging
  • Cyclist Only on route on Swan River Rd at Bob Young’s Property next to Swan River Gardens Nursery (406-249-2211)

• Up Next
  • 5 to Ferndale (all paved)
  • 106 to Seeley Lake

Ferndale

• Food
  • service station
  • Grocery
• Lodging
  • Cyclist only at Basecamp Bigfork 0.75 off route (406-871-9733)
  • B&B in town
• Up Next
  • First 3 out of town are paved
  • 20 to Swan Lake turnoff
  • 67 to Holland Lake
  • 102 to Seeley Lake
  • 128 to Ovando
  • 167 to Lincoln

Swan Lake (off route 5 mi)

• Food
  • grocery
  • restaurant
• Lodging
  • camping and lodge
• Notes
  • Limited water from here to Holland Lake b/c riding on the ridges
• Up Next
  • 48 to Holland Lake
  • 83 to Seeley Lake

Holland Lake
• Food
  • restaurant
• Lodging
  • campground
  • lodge
• Up Next
  • Richmond Peak
  • 35 to Seeley Lake, 3500 climbing
  • 65 to Ovando, 5000 climbing
  • 104 to Lincoln, 7600 climbing

Seeley Lake (2 mi off route)
• Food
  • all services
• Lodging
  • all services
• Notes
  • Next major store in Lincoln
• Up Next
  • 30 to Ovando, 1500 climbing
  • 69 to Lincoln, 4500 climbing
  • 129 to Helena (final 9 are paved), 10000 climbing
  • 171 to Basin

Ovando
• Food
  • two restaurants
  • grocery limited (8AM to 6PM)
  • mercantile store
• Lodging
  • 3 enclosed overnights in town - shepherd’s wagon, tipi, old jail
  • Ovando Inn (not a B&B like listed on map)
  • also allow camping by the museum
• Notes
  • http://www.ovandomontana.net/recreation/cyclefriendly.php
• Up Next
  • 39 to Lincoln, 3000 climbing
  • 100 to Helena (final 9 are paved), 8500 climbing
  • 142 to Basin, 13800 climbing

Lincoln
• Food
  • Wheel Inn
  • all services
• Lodging
  • 3 Bears Motel
  • all services
• camping at Hooper Park (east end of town)
• free camping at Cooper Lake (2mi off route) and Reservoir Lake (on route) before town

Up Next
• 60 to Helena (3 passes, final 9 are paved), 5500 climbing
• 102 to Basin, 10800 climbing
• 130 to Butte with 6 passes, 13300 climbing

Helena
• Food
  • all services
• Lodging
  • all services
• Up Next
  • 42 to Basin, 5300 climbing
  • 71 to Butte (3 passes), 7800 climbing
  • 123 to Wise River, 12700 climbing
  • 155 to Elkhorn (last 32 paved), 15300 climbing

Basin
• Food
  • restaurant
• Lodging
  • Merry Widow Health Mine and Campground
  • Wise River to Bannack is all paved
• Up Next
  • 30 to Butte, 2500 climbing
  • 113 to Elkhorn (last 32 paved), 10000 climbing
  • 120 to Polaris (last 39 paved)
  • 137 to Bannack State Park (last 56 paved)

Butte
• Food
  • all services
• Lodging
  • all services
• Notes
  • Fleecer Ridge before Wise River
  • Wise River to Bannack is all paved
• Up Next
  • multiple camping options before Elkhorn Hot Springs
  • Fleecer ridge before Wise River
  • 53 to Wise River, 4900 climbing
  • 85 to Elkhorn Hot Springs (last 32 paved), 7600 climbing
  • 92 to Polaris (last 39 paved), 7800 climbing
  • 109 to Bannack State Park (last 56 paved), 8000 climbing
  • 140-150 – several cabins along route
• Re-supply
- Bike shop supplies
- TP
- Chamois cream
- first aid

**Wise River**

- **Food**
  - mercantile
  - restaurant
- **Lodging**
  - Wise River club (hotel and camping)
  - Lots of campgrounds south of town
- **Up Next**
  - 33 to Elkhorn Hot Springs (all paved)
  - 40 to Polaris (all paved)
  - 54 to Bannack State Park (all paved)
  - 138 to Lima (last 8 paved)

**Elkhorn Hot Springs**

- **Food**
  - restaurant
  - Ma Barnes Country Market 3.5 mi past Elkhorn turnoff (0.5 off route), closed Wed, call for hours - 605-834-3555
- **Lodging**
  - Elkhorn Hot Springs lodge (0.8 mi off route)
  - Several campgrounds and some cabins south of Elkhorn
- **Up Next**
  - 7 to Polaris
  - 24 to Bannack State Park
  - 105 to Lima (last 8 paved), 4000 climbing
  - 157 to Lakeview, 5500 climbing
  - 191 to Sawtelle, 6600 climbing

**Polaris**

- **Food**
  - N of town, Montana High Country Lodge has restaurant and limited grocery
- **Lodging**
  - N of town, Montana High Country Lodge - 7501 Pioneer Mountain Scenic Byway - 406-834-3469
  - Several cabins 50-60 mi south of Polaris
- **Notes**
  - no re-supply until Lima
  - Bannack road very muddy when wet
- **Up Next**
  - No re-supply until Lima
  - 17 to Bannack State Park (all paved)
  - Several cabins 50-60 mi south of Polaris
- 98 to Lima (last 8 paved), 3500 climbing
- 150 to Lakeview, 5300 climbing
- 183 to Sawtelle Resort, 6400 climbing

**Lima**

- Food
  - Restaurant
  - Service station with limited grocery
- Lodging
  - motel
- Notes
  - No services until Sawtelle, camping only at Lakeview
- Up Next
  - 52 to Lakeview, 1700 climbing
  - 86 to Sawtelle, 2600 climbing
  - 120 to Warm River Campground, 2730 climbing
  - 133 to Squirrel Creek Ranch, 3500 climbing

**Lakeview**

- Food
  - no services
- Lodging
  - Red Rocks NWR campground 5 mi past Lakeview
- Up Next
  - 34 to Sawtelle
  - 68 to Warm River Campground
  - 80 to Squirrel Creek Ranch
  - 115 to Flagg Ranch

**Macks Inn/Big Springs/Sawtelle Resort**

- Food
  - Subway
- Lodging
  - lodge
- Up Next
  - Rail trail section
  - 47 to Squirrel Creek Guest Ranch, 1000 climbing
  - 82 to Flagg Ranch, 3000 climbing
  - 121 to Turpin Meadows, 5700 climbing
  - 129 to Togwotee Mountain Lodge, 6500 climbing

**Squirrel Creek Ranch**

- Food
  - Restaurant
- Lodging
• lodge
• camping

• Up Next
  • 36 to Flagg Ranch
  • 75 to Turpin Meadows (last 40 are mostly pavement)
  • 83 to Togwotee Lodge (last 45 are mostly pavement)
  • 104 to Lava Mountain Lodge
  • 196 to Pinedale

Flagg Ranch

• Food
  • restaurant
  • limited grocery

• Lodging
  • lodge
  • campground

• Notes
  • Almost all pavement to Union Pass (79 mi)

• Up Next
  • 39 to Turpin Meadows (almost all pavement), 2700 climbing
  • 47 to Togwotee Lodge (almost all pavement), 3500 climbing
  • 68 to Lava Mountain Lodge, 4800 climbing
  • lots of dispersed camping after Union Pass
  • 160 to Pinedale (final 33 are pavement), 9000 climbing

Turpin Meadows Lodge (at base of Togwotee Pass)

• Food
  • Turpin Meadows Ranch has restaurant

• Lodging
  • campground
  • lodge

• Up Next
  • 9 to Togwotee Mountain Lodge
  • 30 to Lava Mountain Lodge
  • lots of dispersed camping after Union Pass
  • 122 to Pinedale (final 33 are pavement)

Togwotee Mountain Lodge

• Food
  • limited grocery
  • restaurant
  • service station

• Lodging
  • Brooks Lake lodge and campground 5mi after top of pass

• Up Next
  • next 9 are pavement
• lots of dispersed camping after Union Pass
• 113 to Pinedale (final 33 are pavement), 5700 climbing
• 124 to Boulder, 5700 climbing

**Lava Mountain Lodge**

- **Food**
  - limited grocery
  - restaurant
  - service station
- **Lodging**
  - campground
  - Lodge
  - Cyclist only lodging after turnoff on Rd 600 for Union Pass (Dave or J-An Martin (307-455-2234)
- **Up Next**
  - lots of dispersed camping after Union Pass
  - 92 to Pinedale (final 33 are pavement)
  - 103 to Boulder
  - 182 to Atlantic City

**Pinedale**

- **Food**
  - all services
- **Lodging**
  - full service
- **Notes**
  - cafe 28 miles before Pinedale (5 mi after pavement starts)
- **Up Next**
  - 11 to Boulder (all pavement), 0 climbing
  - 90 to Atlantic City, 3600 climbing
  - 230 to Rawlins, 7600 climbing

**Boulder**

- **Food**
  - all services
- **Lodging**
  - all services
- **Up Next**
  - 76 to Atlantic City (first 18 are pavement)
  - 216 to Rawlins

**Atlantic City**

- **Food**
  - restaurant
  - limited grocery
- **Lodging**
  - motel
• campgrounds 2 mi outside town
• Up Next
  • 140 to Rawlins through Great Divide Basin, 4000 climbing

Rawlins
• Food
  • full service
• Lodging
  • full service
• Up Next
  • 55 to Aspen Alley (next 18 are paved)
  • 86 to Brush Mountain Lodge, 6100 climbing
  • 116 to Clark Store (next 13 are paved), 9000 climbing
  • 130 to Steamboat, 9500 climbing

Steamboat Springs
• Food
  • full service
• Lodging
  • full service
• Up Next
  • some singletrack going up Lynx Pass
  • 116 to Silverthorne with 3 passes (Lynx, Gore, Ute), 10500 climbing
  • 136 to Breck, 11300 climbing
• Re-supply
  • bike shop supplies
  • chamois cream
  • TP
  • first aid

Silverthorne
• Food
  • all services
• Lodging
  • all services
• Up Next
  • 20 to Breck, 1000 climbing
  • 35 to Como, 3300 climbing
  • 67 to Hartsel, 3900 climbing
  • 113 to Salida, 6800 climbing

Breckenridge
• Food
  • all services
• Lodging
  • all services
• Up Next
  • Como grocery has closed
• 16 to Como, 2300 climbing
• 50 to Hartsel, 2900 climbing
• 93 to Salida, 5800 climbing
• 136 to Sargents, 10000 climbing

• Re-supply
  • Chamois cream
  • TP
  • first aid

Como

• Food
  • restaurant
  • grocery (now closed)

• Lodging
  • camping at Como school
  • B&B - closed Tues and Wed

• Up Next
  • 34 to Hartsel
  • 77 to Salida
  • 120 to Sargents

Hartsel

• Food
  • restaurant
  • trading post

• Lodging
  • B&B open some days

• Up Next
  • 43 to Salida
  • 86 to Sargents

Salida

• Food
  • 7-Eleven
  • all services

• Lodging
  • All services

• Up Next
  • 27 to top of Marshall Pass
  • 43 to Sargents, 4300 climbing
  • 135 to La Garita, 9300 climbing
  • 156 to Del Norte, 10400 climbing

• Re-supply
  • Chamois cream
  • TP
  • first aid

Sargents
- Food
  - small store
- Lodging
  - cabins
  - camping
- Up Next
  - First 13 miles out are pavement along Hwy 50
  - several campgrounds along route
  - Storm King Campground - 30 mi before Del Norte
  - 93 to La Garita (service station, restaurant, limited grocery), 5000 climbing
  - 113 to Del Norte, 6100 climbing

**Del Norte**

- Food
  - all services
- Lodging
  - Camping in City Park
  - hotel/lodge/B&B
- Notes
  - get early start out of town to miss storms on Indiana Pass
- Up Next
  - first 10 out of town are paved
  - La Casita Bonita Inn just after the end of pavement
  - 47 to Platoro, 6600 climbing
  - 70 to Horca, 7200 climbing
  - 135 to Hopewell Lake, 14000 climbing
  - 174 to El Rito, 16500 climbing

**Platoro**

- Food
  - restaurant
  - limited grocery
- Lodging
  - Skyline Lodge
- Up Next
  - Multiple campgrounds along route to El Rito
  - 23 to Horca, 500 climbing
  - Brazos Ridge
  - 88 to Hopewell Lake Campground, 7400 climbing
  - 111 to Vallecitos (no services)
  - 127 to El Rito, 9900 climbing
  - 145 to Abiquiu, 10000 climbing

**Horca**

- Food
  - restaurant
  - grocery at Mrs Rio’s Store (719-376-5964)
• Lodging
  • Multiple camping options between Horca and El Rito
• Up Next
  • First 35 out of town are paved
  • Canon Plaza has road side stand that was in Ride the Divide (5 before Vallecitos)
  • 88 to Vallecitos
  • 104 to El Rito
  • 122 to Abiquiu

Vallecitos
• Food
  • none
• Lodging
  • none
• Notes
  • dog alley through town
• Up Next

El Rito
• Food
  • restaurant
  • bar
• Lodging
  • dorm rooms available
• Up Next
  • 18 miles to Abiquiu - all pavement, 200 climbing
  • Polvadera climb after Abiquiu
  • 96 to Cuba, 9000 climbing
  • 216 to Grant (last 120 are paved), 12000 climbing

Abiquiu
• Food
  • all services
• Lodging
  • all services
• Notes
  • no camping first 10 miles out of town
• Up Next
  • Polvadera climb
  • No water available until Cuba
  • 78 to Cuba - last 10 paved, 9000 climbing
  • 198 to Grants, 12000 climbing

Cuba
• Food
  • 7-Eleven
  • Subway
• Lodging
• Up Next
  • Use Chaco alternate route for TD route
  • Only store open before Grants is the first one 40 miles outside of Cuba
  • 53 to Pueblo Pintado, 1100 climbing
  • 120 to Grants (all paved on alternate), 3000 climbing, one gas station 40 miles from Cuba
  • 190 to Pie Town, 5200 climbing

Pueblo Pintado
• Food
  • stores have closed
• Lodging
  • none
  • one dispersed camping after Ambrosia Lake (20 miles after Pueblo Pintado)
• Up Next
  • 67 to Grants
  • 137 to Pie Town

Grants
• Food
  • all services
• Lodging
  • Best Western
  • Super 8
• Up Next
  • Use El Mapais alternate for TD route, 38 paved miles
  • 70 to Pie Town (first 38 paved), 2200 climbing
  • 254 to Silver City, 13700 climbing

Pie Town
• Food
  • restaurant
• Lodging
  • Guest ranch a few miles after Beaverhead Work Center, 107 from Pie Town)
• Notes
  • No food re-supply until Silver City
  • All dirt for first 146 to Silver City
  • Limited water along route (carry extra)
• Up Next
  • 24 to Gila Wilderness
  • 99 to Beaverhead Work Center (water available), 3300 climbing
  • 107 to Wall Lake (Geronimo Guest Ranch has camping, cabins and water), 4000 climbing
• Private lands on route
• CDT mandatory alternate at Sapillo Campground
• 184 to Silver City (last 15 is pavement), 11500 climbing

Silver City
• Food
  • all services
• Lodging
  • all services
• Up Next
  • first 19 are paved
  • 51 to Separ
  • 78 to Hachita
  • 124 miles to border, first 19 paved, final 65 paved, 2100 climbing

Separ
• Food
  • Snacks and frozen foods (with microwave) at souvenir store
• Lodging
  • None
• Up Next
  73 to border, all pavement

Hachita
• Food
  • Grocery and service station have closed
• Lodging
  • None
• Up Next
  • 46 to border, all pavement